



**Amadeus**  
Primary Academies Trust

*"Having gifts that differ according to the grace given to us, let us use them" (Romans: 12,6)*

## **St Paulinus CE Primary Newsletter**

**Friday 11<sup>th</sup> October 2024**



Another two weeks have whizzed by in the life of St Paulinus. The children have been very busy getting to grips with the Curriculum in their new year groups. They all looked fabulous for their photos last week and some were even taken of Bluebell and Rose! The teachers are all looking forward to discussing how your child has settled into the Autumn term in their new class at parent's evenings next week - please make sure you have booked a slot. We are going to have parent comment books available for each class on the day - this is for you to share any good news with us or to make suggestions you may have. There will be a few of your child's books available for you to take a look through - so please make sure you factor in time to see these.

### **COFFEE MORNING**

**Come and talk to the School and Trust's Leadership Teams and share a Coffee on:  
Wednesday 16th October at 9am**

Thank you to those parents who were able to celebrate St Paulinus Day this week with us, it was lovely to see how much hard work the prefects had put into such a special service, well done to them all. Please consider supporting St Paulinus Church this coming weekend, 12<sup>th</sup> & 13<sup>th</sup> October during all their patronal events – details are at the end of this newsletter.



#### **MORE INFO**

CALL NOW: 01322 523236  
[WWW.STPAULINUS.APAT.ORG.UK](http://WWW.STPAULINUS.APAT.ORG.UK)

Lastly, please come and join us for a coffee morning on Wednesday 16th October. This is a chance to learn a little more about our school priorities for this year and to meet (and ask questions of!) the leadership team of the Trust.

*Mrs Rhodes and Mrs Sukonik*

#### **Show Racism the Red Card!**



We will be supporting Wear Red Day on Friday 18th October when everyone is encouraged to wear something red to school. This is to symbolise that we stand up to racism – showing racism the red card! This is a non-uniform day and every one is encouraged to participate! Football / rugby shirts can be worn. There is no charge for this event. **Join us and be proud to stand up to racism by wearing something red!**

### **A small reminder:**

Now that we are fully into Autumn, children must have a warm, waterproof coat for school with their name in it. All of our children will be taken outside to play during the day so it is important that they are warm and dry.

### **Morning drop off:**

If you need to speak to your child's class teacher, please email them on the relevant email address or leave a message in the school office. Teachers are busy getting ready for the day and welcoming their students in to the class once the gate opens, which means they are not available to meet with parents in the morning unless it is prearranged and before the school day begins. Short messages can always be left with the adults who open the gates each day.

### **Gardening Day**

Thank you to everyone who has already volunteered and helped begin the tidy up around the school grounds. There is another Community Day being organised by some of our lovely parents on Saturday 19<sup>th</sup>. Please see the flyer below for more details. Ensure you bring your bug spray on the day!



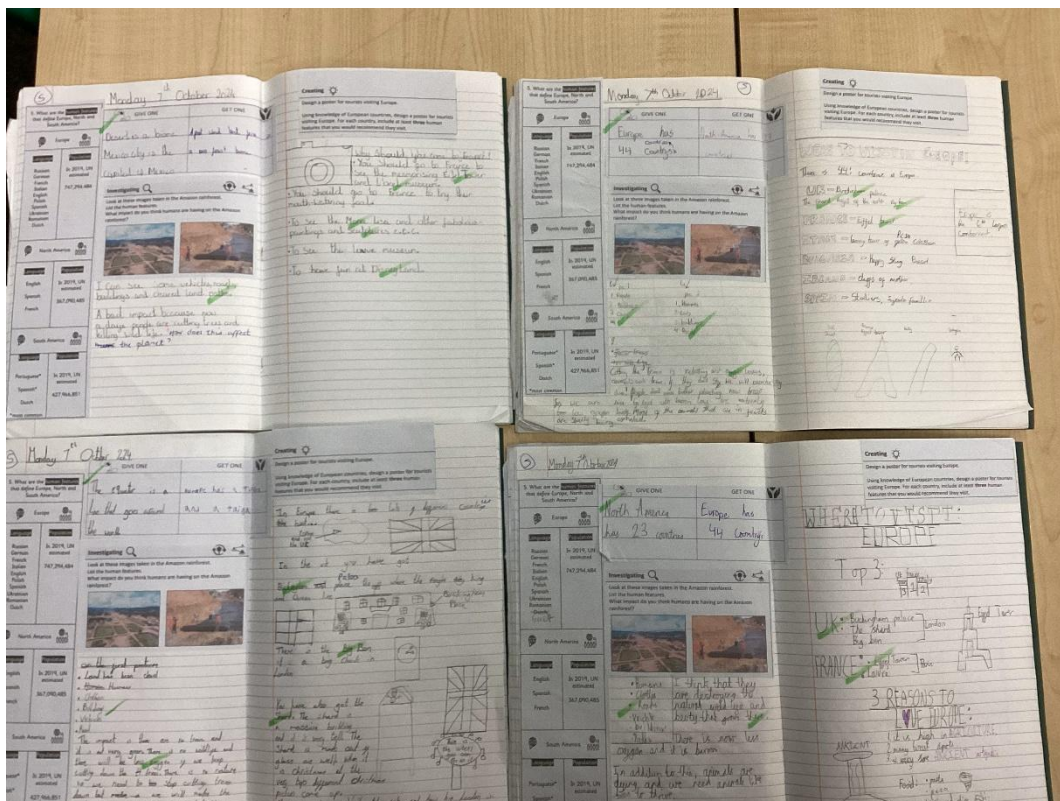
## News from Year 6:

Year 6 have had a brilliant time starting their DT topic of food and nutrition. They have been thinking about how food differs between cultures and how lots of cultures have strong traditions of making street food. We then thought about the technique of making different types of bread and about the purpose of yeast. The children adored making their Pitta Breads and enjoyed eating them even more and were very enthusiastic about the recipe with some of them even asking for copies to take home!



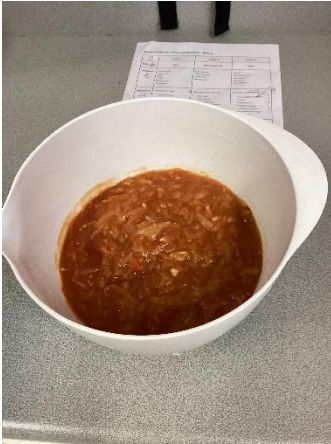
## News from Year 5:

In Geography, Year 5 have been learning about Biomes as well as human and physical features. This week children were looking at the geographical features in Europe and understanding why tourists would love to visit. They had to design a poster persuading people to visit a country in Europe. Did they persuade you?



## News from Year 4:

Year 4 have come to the end of their cooking lessons for this half term. Their final master piece was to make a vegetable soup. The children prepared the vegetables and supported the adults to fry and cook the soup. They thoroughly enjoyed trying the soup together. In maths, the children have been ordering 4 digit numbers using place value charts and counters. We have now begun to add and subtract 4 digit numbers. In literacy, the children became Vikings to write diaries in the first person. The children continue to enjoy their drumming classes and have taken turns to perform solos to the class. The class thoroughly enjoyed listening to and performing a range of poems during poetry day too.



## News from Year 3:

Y3 have been very busy this week - in History we have been learning about chronology, to show this we have created a personal timeline of our own lives so far.



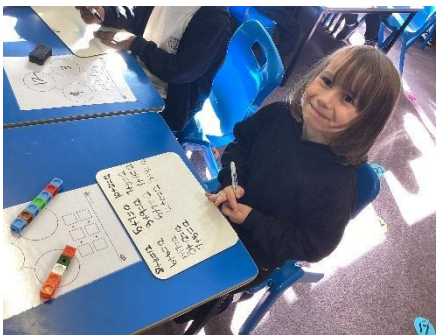
## News from Year 2:

Year 2 have had a wonderful time in History lately! They acted out different events from the Great Fire of London. Fire engulfing houses, buckets of water passed down the line and houses being pulled down.



## News from Year 1:

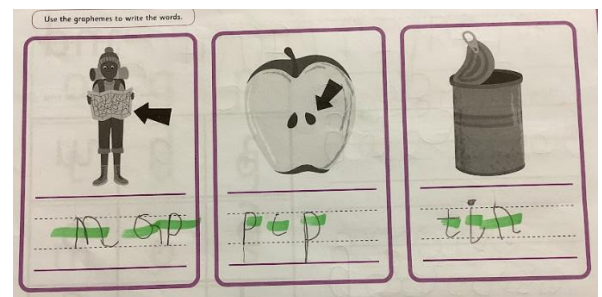
Our Year 1 children have been busy exploring the part-whole model in math this week! They're learning how to break down numbers into parts and use these to create number sentences. This hands-on approach is helping them develop a strong foundation in addition and subtraction while building their problem-solving skills.



## News from Reception:

This week, the children have focused on the book Each Peach Pear Plum. It is an exciting 'I Spy' style book that has introduced the children to both well-known and unfamiliar characters from a variety of fairy tales. From this, the children have been able to learn some new fairy tales and have practised ordering stories, answering questions about what they have seen, sing new songs and even have a go at baking jam tarts!

They are also doing a fantastic job with their phonics, learning more and more sounds. The children have been trying hard to identify the initial sounds in words and some are now able to write simple CVC words (consonant-vowel-consonant). We also have some children blending sounds and reading words - keep up the fantastic work, Year R!





## National Poetry Day at St Paulinus

Congratulations to all our class winners! Everyone worked so hard to create some beautiful works of prose.

We hope you enjoy reading all the winning entries from each year group over the next few newsletters. We are starting with this fantastic work from Ara in Y3.

### The New Champion

#### A poem by Ara, Y3

As I step on the starting line  
I see the champion approaching my back  
His name is Bullyman Jack  
In a race he would creep up  
Behind your back  
Then leap like a lion in attack  
When the referee says ready, set, go  
As fast as a cheetah I'll go  
The referee's saying ready, set, go  
I beat the big bully you know  
He was panting and panting  
The finish line is in sight  
So they now waved the flag of the finish  
As the race is about to now finish  
The big bully is looking beaten  
After the years of his reign  
It's now coming to a sad end.  
The champ is now defeated  
He's been fairly beaten by a boy  
Only 30 years old!

## Thank you!

Thank you to Mrs Seal and family for the donation of a huge number wonderful information boards for our woodland areas, the children will benefit from them for many years to come.



## Poppy Appeal:

Poppies will be ready for sale in school from Monday 14<sup>th</sup> October

## Up-coming diary dates:

Date	Event
Sunday 13 <sup>th</sup> October	St Paulinus Day Service at St Paulinus church 9:30am
Tuesday 15 <sup>th</sup> October	Parent's evening 3:40 start
Wednesday 16 <sup>th</sup> October	Parent's coffee morning 9:30 Please come and meet the Trust Leadership team and find out more about our priorities for this school year!
Wednesday 16 <sup>th</sup> October	Y1 in church
Thursday 17 <sup>th</sup> October	Parent's evening 3:40 start
Friday 18 <sup>th</sup> October	Show Racism the Red Card – Wear Red
Saturday 19 <sup>th</sup> October	Community Gardening Day – school grounds 10:00-14:00
Monday 21 <sup>st</sup> – Fri 25 <sup>th</sup> Oct	Y6 Residential Week
Wednesday 23 <sup>rd</sup> October	YR in church
Friday 25 <sup>th</sup> October	INSET day – school closed to children
Monday 28 <sup>th</sup> Oct – Friday 1 <sup>st</sup> Nov	Half term School closed to children
Monday 4 <sup>th</sup> November	Children back in school Design a Christmas poster for Church launches
Thursday 7 <sup>th</sup> November	In school flu vaccinations
Monday 11 <sup>th</sup> – 15 <sup>th</sup> November	Anti-bullying Week

## St Paulinus Day

Please see the attached flyers about all the exciting events being held on the Church open days for the patronal festival weekend on October 12 & 13<sup>th</sup>

# **St Paulinus Patronal Festival**

## **Open day and gift day**

**Saturday 12<sup>th</sup> October 12.00-3.00pm**

*Teddy zip wire, BBQ, Candy Floss, Churchyard tours, be a Bishop for a day (Children) Meet Lady Limerick, War Grave tours.*

## **Celebrating our cultural diversity 6.00pm**

*An opportunity to join in a service of prayer in Church followed by a shared supper in the hall.*

**There will be an opportunity both Saturday and Sunday to make a valid contribution to our historic Churches Restoration Project.**

## **Family Patronal Service**

**Sunday 13<sup>th</sup> October 9.30am**

*Special family service with both choir and worship band followed by refreshments.*

*This is an important service as a special announcement will be made during the service.*



**PATRONAL FESTIVAL  
WEEKEND  
CHURCHYARD TOURS  
SATURDAY 12TH OCTOBER  
MIDDAY  
ST PAULINUS  
CHURCHYARD  
PLEASE JOIN US FOR THE  
NEW TOUR**



# 10 Top Tips for Parents and Educators CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screentime. This guide will help you to develop an age-appropriate family agreement to suit your household.

## 1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.

## 2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.

## 3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, said or received, they should tell you immediately so you can help them resolve the problem.

## 4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.

## 5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family; discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.

## 6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.

## 7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.

## 8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.

## 9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important: to balance their screentime, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.

## 10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: [nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices](https://nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices)

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**Bexley Voice and those supporting SEND families in Bexley are keen to hear how we can improve the experience of families with children with SEND in the future.**

To do this, we are inviting parent/carers to join us over tea and biscuits, to share your **lived experience** of the SEND journey so far. In this session, we will be asking you about:

**Support from speech and language therapists and occupational therapists in school - your views please!**

**Date: Tuesday 22nd October 2024**  
**Time: 1pm-2:30pm**  
**Venue: The Learning and Enterprise College,  
5 Brampton Road, Bexleyheath, DA7 4EZ**

This session will offer you the opportunity to share your experiences constructively. We will not be looking at individual services but a much broader picture, which will enable us to feedback to partners across Bexley, improving practice and helping to build a joint understanding of families' experiences. (Focus questions will be sent in advance.)

Bexley Voice team members, representatives from the Local Authority/NHS Health Services and other providers, relevant to the topic being discussed, will lead each session.

As a partnership across health and education, we are reviewing the support that children and young people access in schools from our therapies colleagues. We would like to understand your experience of how need has been assessed; how support has been provided and how you have been involved in the process. Your views on the current model of commissioning (buying in of services) are very valuable to help inform change.

**For more information and to request a place on this session - please visit the Bexley Voice website and complete the short form.**