



Critical thinkers and confident communicators in a diverse world

Intent and Vision

At St Paulinus, through a high-quality PE curriculum, we aim to encourage all children to become lifelong active learners- developing their decision making, teamwork, self- belief, resilience and giving them the means to make healthy, active choices.

“Physical activity is not only one of the keys to a healthy body, it is the basis of dynamic and creative intellectual activity.”

J.F. Kennedy

We aim to deliver activities so children have the opportunity to :

- Learn a variety of physical skills
- co-operate with others as part of a team
- lead
- learn to support and encourage each other
- learn to win and lose with grace (no sulk, no gloat policy)
- learn to challenge themselves
- learn the importance of an active lifestyle (both mentally and physically)
- learn the social benefits and enjoyment of being part of a team.

Implementation

What would you expect to see in our lessons and learning?

- Promoting self-belief – challenging, leading, improving skills at all levels
- Embedding decision making and resilience
- Encouraging teamwork; co-operating, giving support
- Facilitating healthy choices; mentally and physically and understanding the social benefits